

HABITS OF THE HOUSEHOLD

How is this different from a Bible study or other Bethany group curriculum? This isn't a Bible study but is designed to be a practical guide to help you build out rhythms in your household that lead to flourishing relationships with each other and God.

Can I do this if I live by myself? Yes, you will primarily focus on the "forming adults" portion of the guide. Also, you can do "forming households" with other friends or family members if you choose.

Can I do more than one habit at a time? Yes, you can; however, be careful not to try too many things at the same time.

Do I continue the habits from the previous week? Or only the current week's habit? Ideally, continue the habits you established the previous week(s).

Can I use it for longer than three weeks? YES! The goal isn't merely to try things for three weeks and never do them again, but to give households a resource to consistently build healthy rhythms.

What if I'd like to get a copy for another family member or friend? We have a PDF available on our website to read or print. Please direct anyone who is interested to: bethanycc.net/connect.